MALNUTRITION: AN OLDER ADULT CRISIS

UP TO 1 OUT OF 2 OLDER ADULTS are at risk for malnutrition

$51.3 BILLION
Estimated annual cost of disease-associated malnutrition in older adults in the US

MALNUTRITION LEADS TO more complications, falls, and 30-day readmissions

MALNUTRITION IS HIGHEST IN OLDER ADULTS

<table>
<thead>
<tr>
<th>Aged 85+</th>
<th>Aged 65-84</th>
<th>Aged 40-64</th>
<th>Aged 18-39</th>
</tr>
</thead>
<tbody>
<tr>
<td>3,754</td>
<td>1,487</td>
<td>437</td>
<td>107</td>
</tr>
</tbody>
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Protein-calorie malnutrition related hospital stays are 2X LONGER

Protein-calorie malnutrition related hospital stays are 3X MORE LIKELY to result in death

FOCUSING ON MALNUTRITION IN HEALTHCARE HELPS:
- Decrease healthcare costs
- Improve patient outcomes
- Reduce readmissions
- Support healthy aging
- Improve quality of healthcare

Support policies across the healthcare system that defeat older adult malnutrition.

Learn more at www.DefeatMalnutrition.Today

References:

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